

The Micro Lab Protocol

Students should reflect on the topic for discussion on their own, then work in groups of three as below:



The first member of the triad shares for a set time (1-2 minutes). The other 2 members listen attentively without comment or interruption.



Silent pause (20-30 seconds) to take in what member 1 said.



Repeat for persons 2 and 3, pausing for a moment of silence and reflection after each round.



Discuss the topic as a triad (5 minutes), referencing the comments that have been made and making connections among the responses of the three members.



Talk about the discussion itself (5 minutes): How was the discussion when everyone spoke and listened the same amount as each other? What was it like to be quiet if you usually speak, or to speak if you are usually quiet? Lessons?